

MARTHA GRAHAM INTENSIVE TEACHER WORKSHOP – FOR TEACHERS

JUNE 26 –30, 2017

Location: 55 Bethune Street, 11th Floor, New York, NY10014 Contact: Virginie Mecene

vmecene@marthagraham.org

(212) 229 9200 Ext.33

Monday 5:00 – 7:00PM: Floor work:

- Review of each basic exercise with objectives and teaching points
- Logical and physical developments

Tuesday 5:00 – 8:00PM: Floor work and Standing exercises:

- Review of basic exercises with their objectives and teaching points
- Connection with Floor Work exercises
- Logical and physical developments

Wednesday 6:00 -8:00PM: Standing exercises and Traveling exercises:

- Review of each basic traveling steps with concept of the shift of weight
- Connecting between Floor work and Standing exercises
- Logical and physical developments

Thursday 5:00 -8:00PM:

- Review of all basic exercises from each class development
- Finding connections between exercises to build a class
- Class development and lesson plan

Friday 5:00 -7:00PM:

- Breaking down exercises
- Adapting the exercises to several populations: Teens, Adults, pre-professionals, professionals, other classes
- Giving corrections: Imagery and hands on tips
- Sharing tips and open discussion

Demonstrators will be available each day

7:00 – 8:00PM: End of session reception

Participants are encouraged to observe Graham technique classes during the week of June 26 to 30. Schedule:

Level 1: 12:30-2:30 at 316 East 63rd Street

Level 2: 10:30-12:30 at 55 Bethune Street

Level 3: 8:30-10:30AM at 55 Bethune Street

Level 4: 10:30 to 12:30PM at 55 Bethune Street

Fee includes workshop, class observations, and reception.